



Offering support & advice to
those considering residential care

EssexWorks.

For a better quality of life



HELPLINE

0845 017 7720

Monday to Friday
9:30am–4:30pm

The
**Relatives
& Residents
Association (Essex)**

Free and independent advice on matters affecting
older people and their choice about future care.

We will help and support you in finding the right
answers to your questions on care and services
either in the community or in residential care.

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The Relatives & Residents Association (Essex)
www.relresessex.org